

**County Council Update
from County Cllr Anne Wight
February 2019**

Temporary TRO on the Brownlow Bridge

While it was envisaged that BCC would be looking to place a Temporary TRO on the Brownlow Bridge with a weight limit of 18 tonnes, we are currently awaiting more information on that from various teams working on the issue. Hence, there is nothing further currently to report.

Deputy Cabinet Member for Transport, Paul Irwin, has taken the decision to remove the item from the LAF agenda, as he feels that it will not be possible to adequately address it and answer questions during the short time which had been allocated for it at the next LAF on 28th February.

Cllr Irwin has instead agreed to meet stakeholders at a separate meeting over the coming weeks. Once a date and venue have been agreed for that meeting I will let the parish council know. In the meantime, anyone wishing to express a view is welcome to do so via email at the following email address:

freight@buckscc.gov.uk

Anglian Water Works on B488 and B489 Junction

I have been informed by TfB that Anglian Water has been in touch regarding the water works required on the junction of the B488 and B489. As you may recall, these works have been delayed several months, in part due to concerns about worker safety and in part due to TfB not wishing to overly inconvenience residents with additional diversions while the Pitstone sewer works are being carried out.

There will be a road closure in place from 6th – 18th April, with the closure being lifted on 18th April so that the area is open for Good Friday on the 19th and during the school holidays.

Anglian Water will be contacting Ivinghoe Parish Council directly to provide further details in the coming weeks.

The Next LAF meeting

The next Local Area Forum meeting will be in Ivinghoe Town Hall on 28 February at 7 pm. We hope to have representatives from Luton Airport to give us a presentation on the planned airport expansion.

Time to Change

I am very pleased to be a Time to Change champion, having struggled with post-natal depression myself and having recently supported my daughter through issues with self-harm during her recent terms at university. Time to Change is all about changing perceptions to eliminate discrimination and stigma which often prevent those struggling with mental health issues from coming forward to get support.

As part of this effort, Time to Change promoted Time to Talk Day on 7 February, 2019. As change starts with a conversation, we hope that by having some honest conversations about how common these issues actually are in our communities and families, we can start to reduce some of that stigma.

Mental health problems affect one in four of us, yet people are still afraid to talk about it. Time to Talk Day encourages everyone to talk about mental health. Having conversations about mental health helps break down stereotypes, improve relationships, aid recovery and take the stigma out of something that affects us all. There are lots of different ways to have a conversation about mental health. And you don't have to be an expert to talk.

In Bucks there were many events around the county planned for Time to Talk Day, and I was very happy to support a workplace mental health drop-in chat session, along with Paul Irwin who is also one of our workplace Time to Change Champions. We then participated in the Waddesdon Greenway Walk, 2 – 4 pm, starting at Aylesbury Vale Parkway.

If you are interested in learning more, helping with Time to Change events, or getting involved in other ways, please do have a look at the Time to Change website for more information on how you can help make a difference in the community. More information on Time to Talk Day is also on the website.

<https://www.time-to-change.org.uk>

Live Well Stay Well program

The Live Well Stay Well program recently launched *Better you!* Alongside Buckinghamshire County Council, and the campaign is making it easier than ever for the residents of Buckinghamshire to achieve their health goals in 2019.

The *Better you!* Campaign is providing tasty, budget friendly recipes, tips for eating well without losing flavour or feeling hungry, and encouraging residents to register with Live Well Stay Well.

Live Well Stay Well has helped thousands of Buckinghamshire residents with weight loss advice and support, whether that is through goal setting tools or cooking inspiration. Registration is quick and free!

Live Well Stay Well are asking the residents of Buckinghamshire to challenge themselves to a *Better you! for 2019*. Look out for Live Well Stay Well on social media, and help spread the word on *Better you!*

Visit www.buckscc.gov.uk/betteryou.